



**Part 2: Our Thoughts**

**Key Thought:** It's the small things that no one sees that result in the big things that everyone wants.

*For as he thinks in his heart, so is he... - Pr 23:7 NKJV*

**THOUGHT AUDIT**

Worried	1	2	3	4	5	6	7	8	9	10	Peaceful
Negative	1	2	3	4	5	6	7	8	9	10	Positive
Worldly	1	2	3	4	5	6	7	8	9	10	Eternal

*Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect. - Rm 12:2 NLT*

**HOW DO YOU CHANGE THE WAY YOU THINK?**

**1. CAPTURE DESTRUCTIVE THOUGHTS.**

*For though we live in the world, we do not wage war as the world does. 4 The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. 5 We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ. - 2 Cor 10:3-5 NIV*

*Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. 7 And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. - Philippians 4:6-7 NIV*

**2. FOCUS ON SPIRITUAL THINGS.**

*And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise. 9... Then the God of peace will be with you. - Php 4:8-9 NLT*

**MY ONE THOUGHT:** \_\_\_\_\_

**Suggested Reading Plan:** [Change Your Thoughts Change Your World](#)

**Announcements:**

- **Sunday Service @ 10 AM.** Visit [newlife-saugerties.org](http://newlife-saugerties.org) for our location and livestream link. KidZone is available for ages 5-11. Find sermon notes, suggested Bible reading plan, prayer request form, and connection card under “Events” on the [YouVersion Bible App](#).
- **Pregnancy Support Center of Ulster County Annual Banquet** October 5th from 5-9 PM @ Best Western, 503 Washington Ave Kingston NY. Buffet, live auction, & guest speaker. Call 845-340-7355 to purchase a ticket. Please pray about supporting the PSCUC!
- **Finish Line Youth** Fridays from 7 to 8:30 PM! See Pastor James for more info.
- **Nursery** for children up to age 4 now available on the 2nd and 3rd Sundays of each month! See Billie Louis for more info.